



Established	Updated
1/30/2020	1/29/2021

Mount Vernon, Ohio
 740.393.0880(ChurchOffice)
 NewLifeSports.net
 ryan@newlifenz.net

All Out Volleyball at New Life Church of the Nazarene serves the purpose of providing an intentional skill-development program for girls in 2nd-8th Grade. We promote fair play, fundamental development and developing a love for the game.



2021 LEAGUE LEADERS

SPORTS DIRECTOR:

Ryan Farr

330.550.3913

ryan@newlifenz.net

LEAGUE ADMIN DIRECTOR:

Jessica McCombs

740.465.5205

Jes.mccombs@mail.mvnu.edu

2ND-3RD GRADE CLINIC

Acting Director : Jessica McCombs

4TH-6TH GRADE LOW IMPACT LEAGUE

Directors : Rachel Spear & Emma Barteau

JR. HIGH/U14 LEAGUE

Director : Clarissa Bush



GENERAL LEAGUE RULES

NET SIZE AND COURT SIZE

- The nets for Low Impact will be set at "J" or Junior League Height and Jr. High will be set at "W" or Women's League Height.
- A Standard Volleyball court will be used for all games

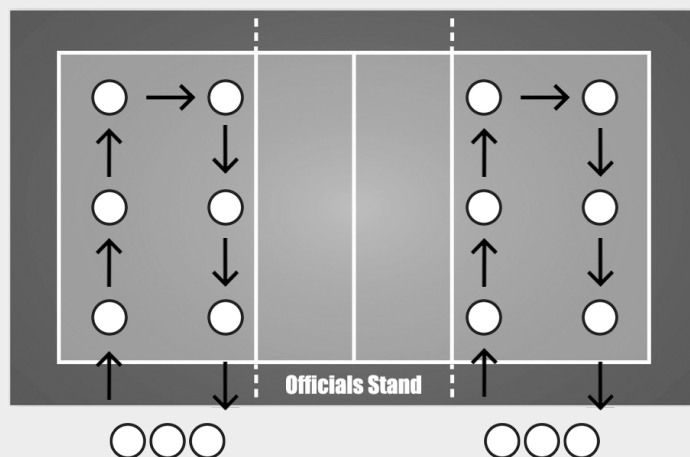
SCORING AND GAMEPLAY

- Each Regular Season Match will consist of Two (2) Full Games and One (1) Abbreviated Games.
- Full Games are to 25 points win by 2 or 28 points win by 1
- Abbreviated Games are to 15 points win by 2 or 18 points win by 1
- Tournament Games will consist of Three (3) Abbreviated Games.
- Teams will always play all three games even if the first two are won by the same team. This is done so that all teams have a consistent number of games as they are a tie breaker for overall standings.
- Coaches will have Three (3) Timeouts per Match. Timeouts will be 30 seconds in length.
- Each team will supply one parent line judge for each match.

FAIR-PLAY ROTATION

- All players will rotate through the six positions on the court through a continuous rotation model (aka if Sarah is the first person off the bench and Game 1 ends, Sarah is the first person on the court for Game 2. All players stay in their same rotation order from the previous game)
- On the left court (from officials stand), Players will rotate out in the front and in through the back. On the right side of the court, players will rotate out in the back and in through the front (See **Diagram 1**)

DIAGRAM 1



SERVING RULES

- **FIRST-SERVE RULES (Low Impact ONLY):** If a player misses their first serve, that player will be given a 2nd opportunity to serve. If the player misses the 2nd service attempt, the Official will toss the ball in play to the other team to create a rally. If the serving team makes the point, the same server will serve again. If they miss the serve any time after the first attempt, then the point and ball will go to the other team.
- **2ND ATTEMPT RULE (Jr. High ONLY):** If a player misses their very first serve, that player will be given a 2nd opportunity to serve from the Close Service Line. That player may continue to serve from the Close Service Line for the remainder of their services. There is no toss-in in Jr. High
- **5 CONSECUTIVE SERVE RULE:** Each player will have a max of 5 consecutive serves in a turn (the first-serve rule only counts as one serve). After the 5th successful serve, if their team gets the point, the team will rotate and a new player will serve.
- **CLOSE SERVICE LINE:** There is a service line located about 1/3 of the way from the backline. Players are permitted to serve all the way up to this line to encourage attempting an overhead serve. Jr. High must first try from end-line

TOURNAMENT SEEDING RULES

Depending on the size of the league and the decision of league leadership, some age divisions will play in an end-of-season championship tournament. The following outlines how seeding is determined...

- **OVERALL RECORD (based on Matches won/lost)**
- **HEAD-TO-HEAD RECORD**
- **OVERALL GAMES WON**

SECTION 1.1

SECTION 1.2

SECTION 1.3

SECTION 1.4

SECTION 1.5